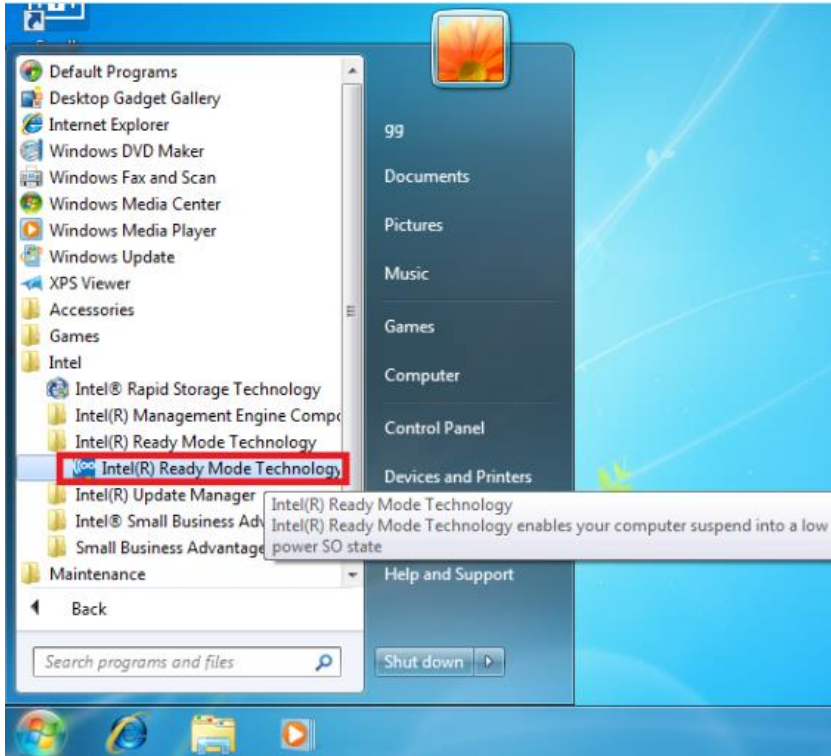


Please follow the instructions below to disable Intel Ready Mode Technology:

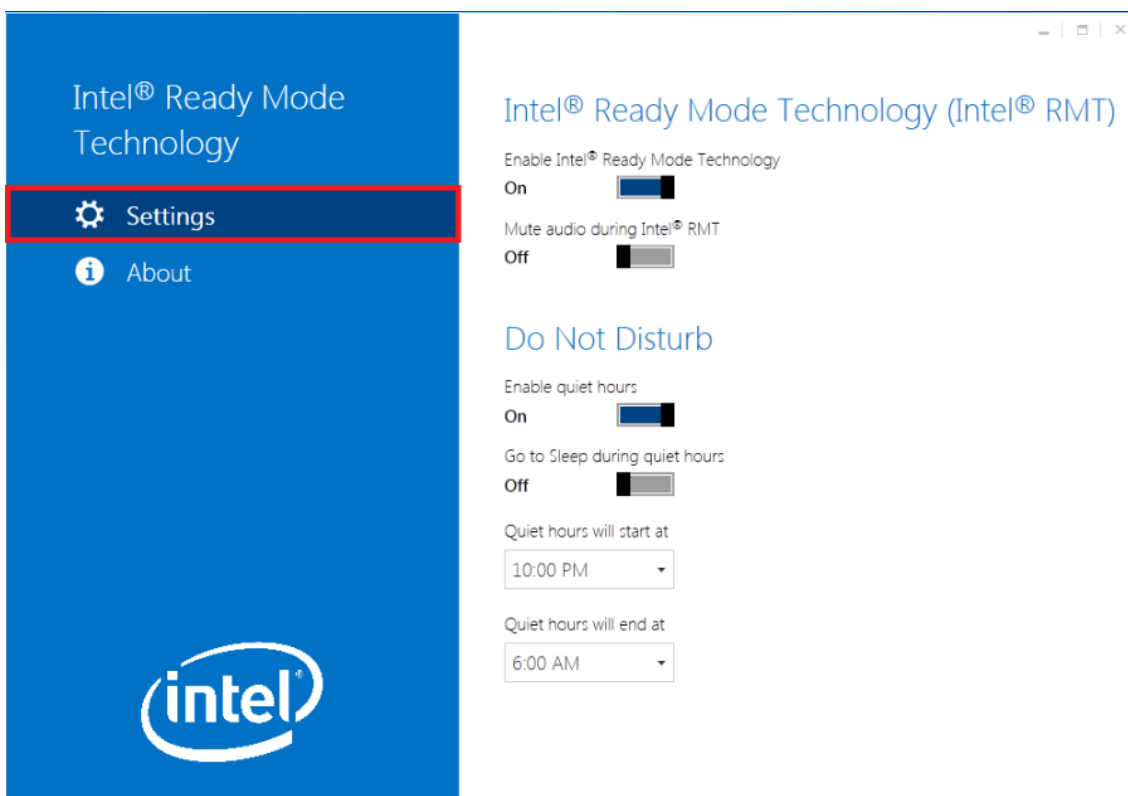
[Windows 7](#) / [Windows 8](#) / [Windows 8.1](#) / [Windows 10](#)

# Windows 7

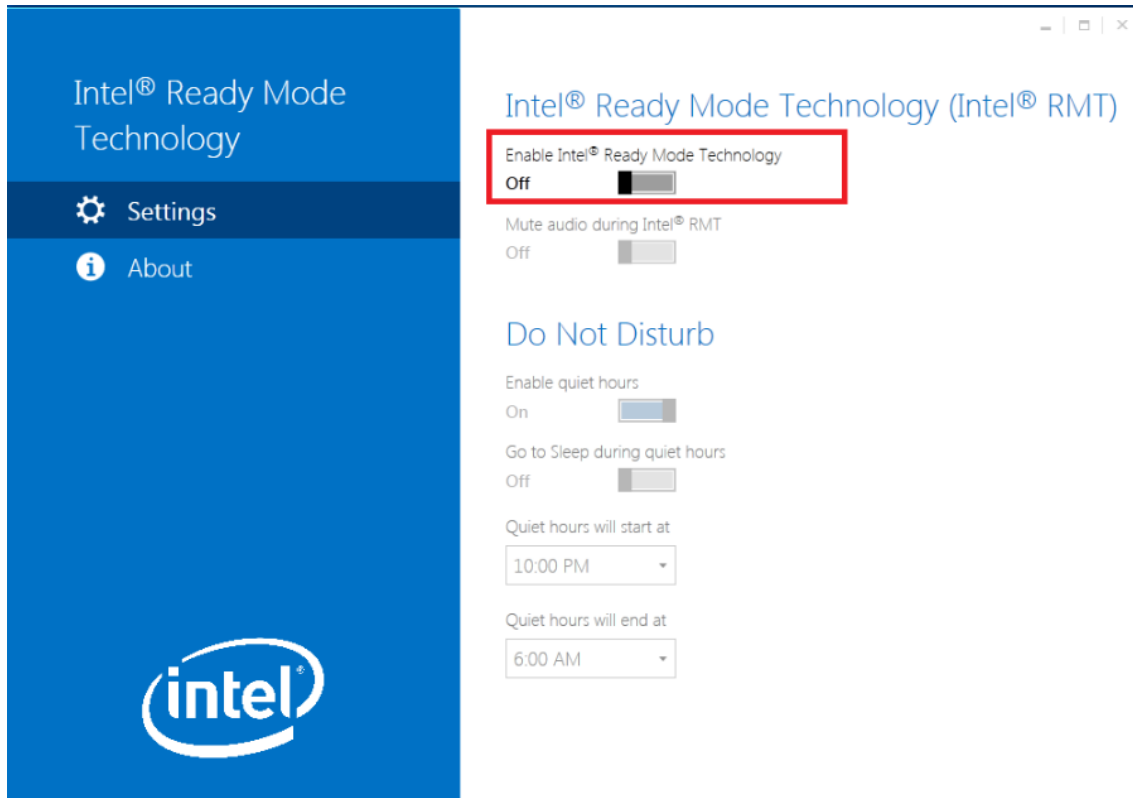
1. Go to Start menu, find and click “Intel Ready Mode Technology”.



2. Click [Settings]

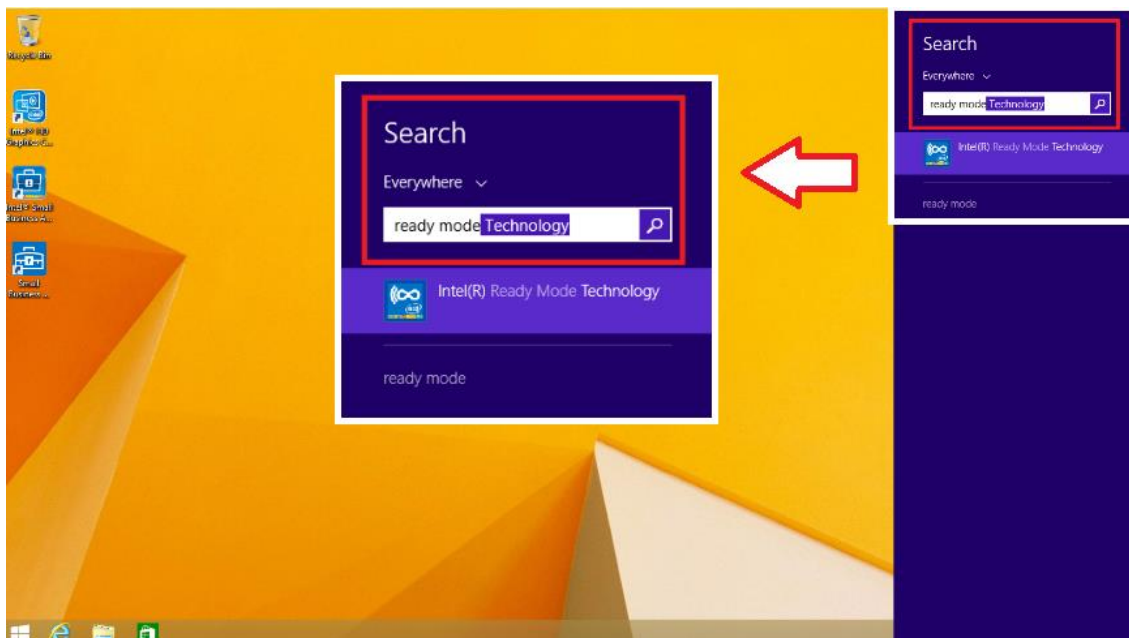


### 3. Turn off Intel Ready Mode Technology.

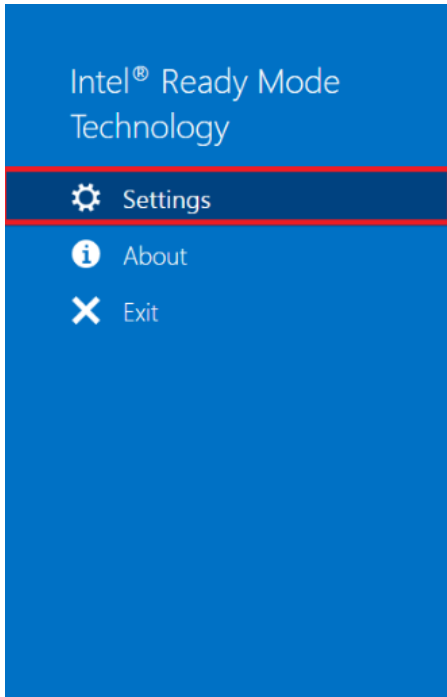


## Windows 8 / 8.1

### 1. Press [Windows] + [W] key and enter the "Ready Mode Technology".



2. Click [Settings]



### Intel® Ready Mode Technology (Intel® RMT)

Enable Intel® Ready Mode Technology

On

Mute audio during Intel® RMT

Off

### Do Not Disturb

Enable quiet hours

On

Go to Sleep during quiet hours

Off

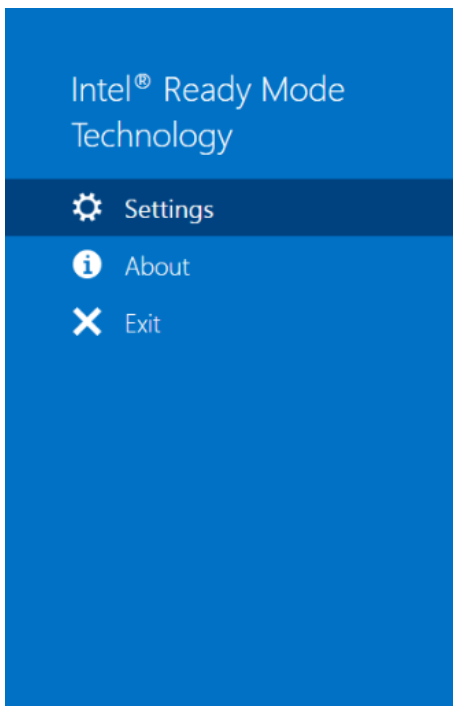
Quiet hours will start at

10:00 PM

Quiet hours will end at

6:00 AM

3. Turn off Intel Ready Mode Technology.



### Intel® Ready Mode Technology (Intel® RMT)

Enable Intel® Ready Mode Technology

Off

Mute audio during Intel® RMT

Off

### Do Not Disturb

Enable quiet hours

On

Go to Sleep during quiet hours

Off

Quiet hours will start at

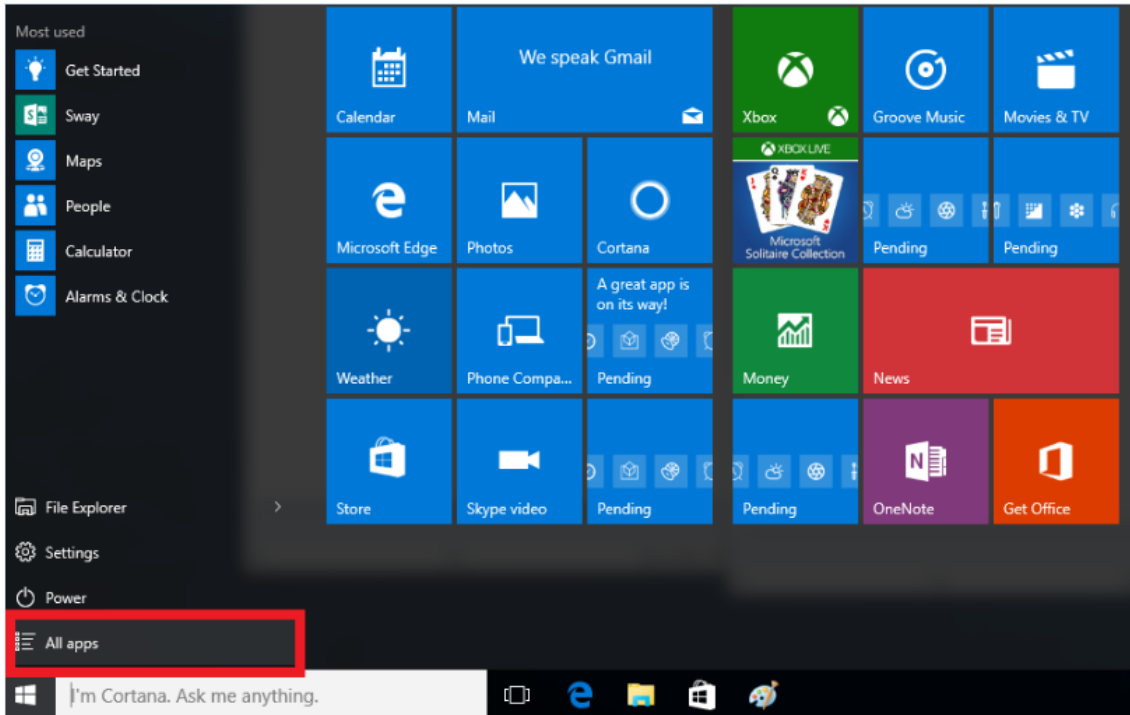
10:00 PM

Quiet hours will end at

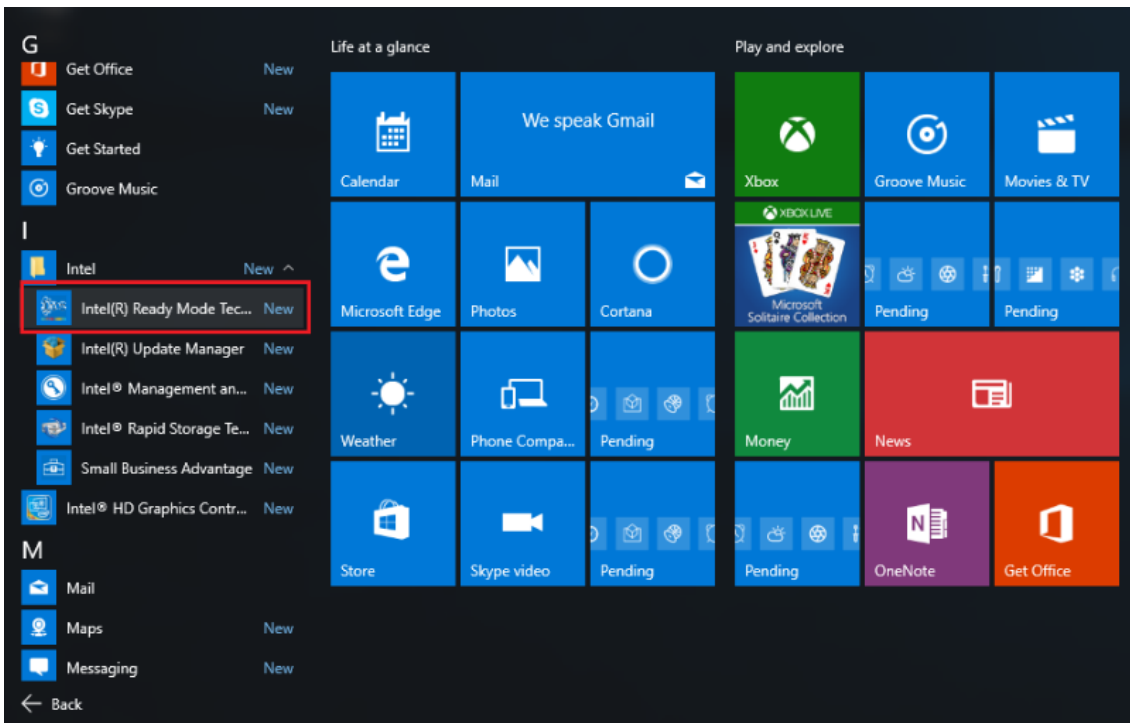
6:00 AM

# Windows 10

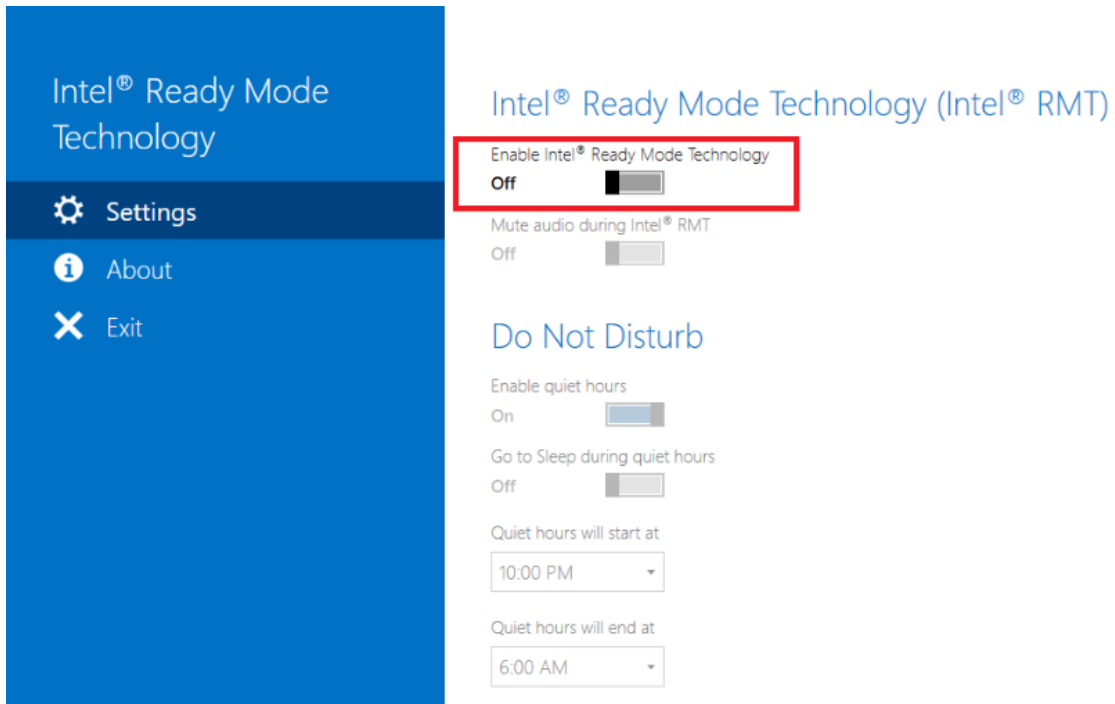
1. Click All apps.



2. Find Intel folder and click Intel Ready Mode Technology.



### 3. Turn off Intel Ready Mode Technology.



The screenshot shows the Windows Settings application with the 'Intel Ready Mode Technology' settings page. The left sidebar contains 'Settings', 'About', and 'Exit' options. The main content area is titled 'Intel Ready Mode Technology (Intel RMT)' and features three toggle switches: 'Enable Intel Ready Mode Technology' (set to Off), 'Mute audio during Intel RMT' (set to Off), and 'Enable quiet hours' (set to On). Below these are settings for 'Do Not Disturb', including 'Go to Sleep during quiet hours' (set to Off) and 'Quiet hours' start/end times (10:00 PM and 6:00 AM).

Intel® Ready Mode Technology

Settings

About

Exit

### Intel® Ready Mode Technology (Intel® RMT)

Enable Intel® Ready Mode Technology  
**Off**

Mute audio during Intel® RMT  
Off

### Do Not Disturb

Enable quiet hours  
On

Go to Sleep during quiet hours  
Off

Quiet hours will start at  
10:00 PM

Quiet hours will end at  
6:00 AM